



Covid-19 and Risk Awareness policy

The personal safety of all our swimming community including swimmers, parents/guardians, teachers and all others working with us is of paramount importance to Millennium Minnows.

The purpose of this document is to reassure, and explain how we will follow the most up to date advice and best practices to minimise any risk from COVID-19 to anyone engaged with us during our delivery of swimming lessons.

How we will minimize risk to keep you safe

Justine Hulf is the appointed COVID-19 officer, and will ensure Millennium Minnows follow the most up to date guidance from both the Government and the swimming industry Governing bodies, for the safest and best practice delivery of swimming lessons. Along with Bromley High and Warren Road Schools, we will work together to minimize any risk where ever possible. Safety measures will include;

Ensuring we are all safe to learn to swim, teach, and support each other by;

- Requiring all our teachers and staff to declare themselves fit and well to teach, and that they have no reason to believe they have been in close contact with anyone who has shown symptoms of COVID-19 within the last 14 days.
- Ensuring none of our staff have travelled outside the country without following current government self-isolating advice on their return.
- Ensuring all our staff have undertaken relevant COVID-19 training and are updated with current policies, safe procedures and teaching methods to ensure the safe delivery of lessons.
- Educating all our community, including swimmers, parents/guardians on relevant procedures and policies to keep us all safe.
- Requiring all swimmers/parents to self-declare they are;
 - o Physically well at the time of booking lessons.
 - o Remain physically well on entering the building before every lesson, and have had no contact with others who are / or are themselves showing symptoms of COVID-19 i.e; cold, fever, loss of sense of smell or any other recognized pre-cursor.

Observing current social distancing measures by;

- Following and encouraging current social distancing measures are observed where ever possible, from entry to the swimming block, changing rooms, lessons, and post swim to exiting the facility.
- Asking only one adult accompanies thier swimmer to limit numbers in changing rooms and/or on school grounds to ensure practical distancing measures.
- Providing signage and markings to help support social distancing from arrival to departure.
- Where social distancing might prove difficult, alternative measures will be advised/endeavoured, such as giving way to others, alternative stances to avoid face to face contact, and/or use of PPE.

Following all cleaning/sanitizing and other general recommendations by;

- Assuring you of the scientific advice as to the safety of swimming in appropriately treated and chlorinated water - such as at Bromley High and Warren Road School pools. For more information on Water and Covid-19, please visit; <https://www.cdc.gov/coronavirus/2019-ncov/php/water.html>
- Requiring all customers to bring in own hand sanitizer and use washing facilities in the school venue.
- Requiring all customers to bring in own mask to use when in changing areas or travelling within the school building to access the changing areas`
- Ensuring changing rooms and poolside are cleaned/sanitized regularly.
- Restricting the sharing of equipment, including the borrowing of goggles and swimming caps.
- Ensuring any teaching equipment is sanitized between classes For more information on chlorine and cleaning re Covid-19, please visit; <https://www.cdc.gov/coronavirus/2019-ncov/php/water.html>
- Minimizing the use of changing for lessons by encouraging swimmers to come to the pool with swim wear under their clothes, and avoiding use of showers.
- Ensuring toilet facilities (which should be used on an urgent basis only) will be cleaned/sanitized regularly.

Our commitment to openness and honesty

We appreciate it may be worrying not knowing if there might be others around you who might unknowingly prove a risk to you. Millennium Minnows will encourage complete openness and honesty from all our community. Millennium minnows will encourage the support and sharing of information and use of schemes such as 'Trace and Track'.

How you can help us keep everyone safe

Millennium Minnows ask and expect all our community to follow current Government advice on measures to limit the spread of COVID-19. Within the pool setting this means we request you;

- Don't come to the pool if you or a family member feel unwell or show any symptoms of COVID-19
- Remind swimmers on the reasons and importance of distancing and following new rules.
- Bring swimmers to the pool ready to swim (costume under robe or clothes).
- Explain to children why they shouldn't swap or share equipment.
- Teach children to cough or sneeze into their elbow and to turn away from other in doing so.
- Teach swimmers to put swimming caps on and adjust goggles without help
- Shower at home before and after lessons
- Use toilets at home before leaving. Facility toilets should be used on an 'urgent' basis only.
- Advise us if your swimmer or family member has become ill with suspected or confirmed COVID-19 as soon as possible.

It should be noted

Whilst the risks are very small indeed, using all best practices does not completely guarantee communicable diseases, such as but not limited to COVID-19 will not be present in any facility; that people actively infected might not be present in the facility; nor that a person cannot contract COVID-19 or other communicable diseases from persons or contact within a facility.

This policy will be reviewed monthly or immediately following any change of advice.